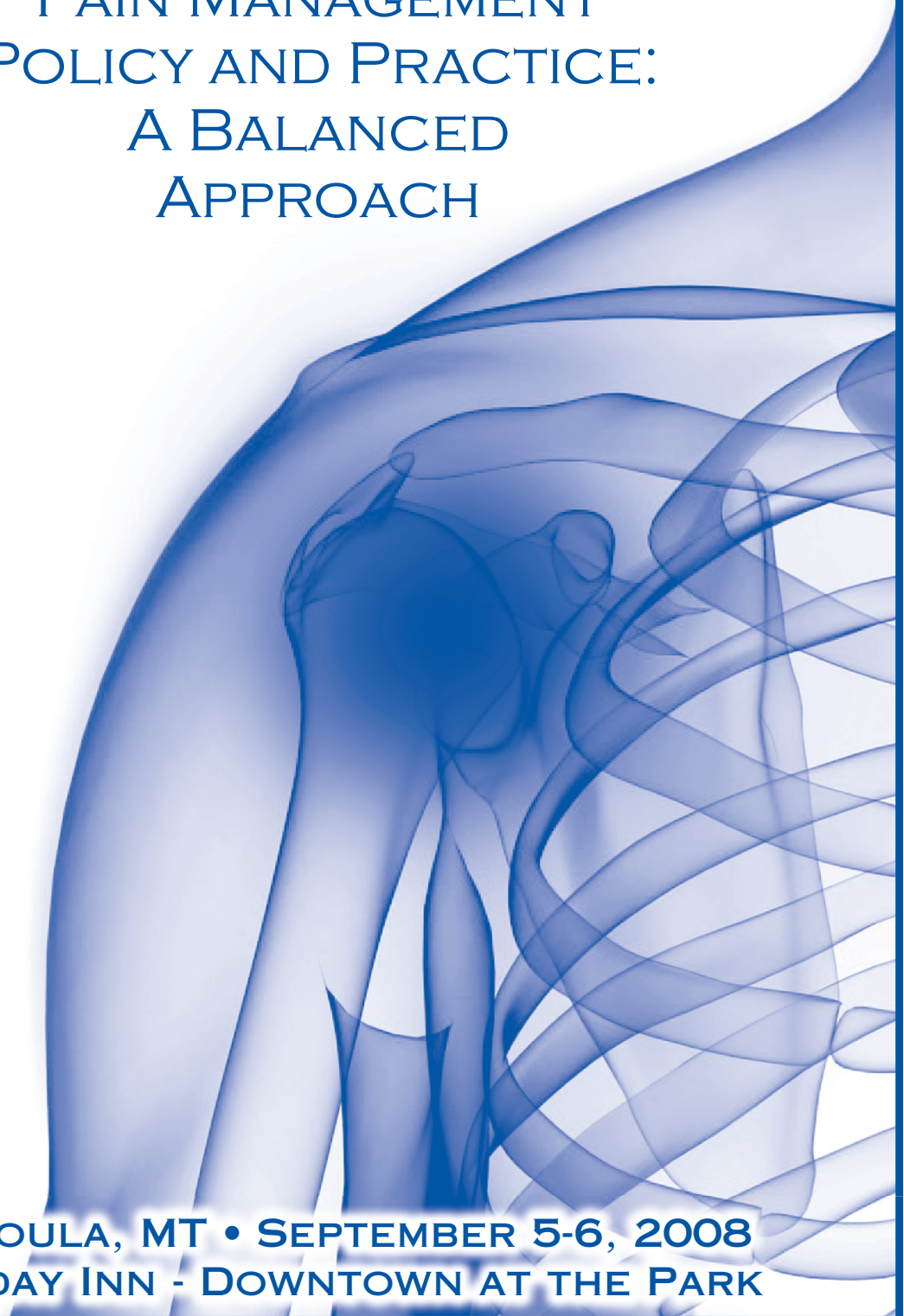


**2ND ANNUAL**  
**MONTANA PAIN INITIATIVE CONFERENCE**

**PAIN MANAGEMENT  
POLICY AND PRACTICE:  
A BALANCED  
APPROACH**

**MISSOULA, MT • SEPTEMBER 5-6, 2008**  
**HOLIDAY INN - DOWNTOWN AT THE PARK**



## FINANCIAL SUPPORT FOR THIS CONTINUING EDUCATIONAL EVENT WAS RECEIVED FROM:

American Cancer Society  
American Cancer Society Cancer Action Network  
American Civil Liberties Union  
Community Medical Center

Montana Attorney General's Office  
Montana Board of Crime Control  
Patients and Families United  
Montana Board of Medical Examiners

## COMMERCIAL SUPPORT FOR THIS CONTINUING EDUCATIONAL EVENT WAS RECEIVED FROM:

Alpharma, Inc.  
Purdue Pharma, LP  
Montana Medicaid Nurse First Program in partnership with McKesson Health Solutions

Pfizer, Inc.  
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## IN-KIND SUPPORT FOR THIS CONTINUING EDUCATIONAL EVENT WAS RECEIVED FROM:

Montana Board of Nursing  
Montana Cancer Institute Foundation  
St. Patrick Hospital and Health Sciences Center  
Advanced Pain Centers

Montana Board of Pharmacy  
Montana Neuroscience Institute Foundation  
Bozeman Deaconess Hospital  
Montana State University School of Nursing

## ACCREDITATION:

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Northwest Research & Education Institute and the Montana Pain Initiative-American Cancer Society. The Northwest Research & Education Institute is accredited by the ACCME to provide continuing medical education for physicians.

## CREDIT DESIGNATION:

The Northwest Research & Education Institute designates this educational activity for a maximum of thirteen and three-quarters (13.75) *AMA PRA Category I Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category I Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of (13.75) hours of Category I credit for completing this program.

Continuing Education Credits have been requested by the Montana Nurses Association, an accredit approver by the American Nurses Credentialing Center's Commission on Accreditation.



Northwest Research  
& Education Institute

## PLANNING COMMITTEE

Kathryn Borgenicht, MD  
Lee Ann Bradley, PharmD  
Patrick Davis, PhD  
Joan Eliel  
Jean Forseth, MN  
Nancy Hiller  
Kristin Page Nei, BA  
Kaye Norris, PhD  
Ronna Popkin, MS  
Skip Schloss,  
Randale Sechrest, MD  
Linda Torma, MSN, APRN, GCNS-BC  
David Woodmansee

Montana Medical Association  
Montana Pharmacy Association  
Montana Spine and Pain Center  
Montana Attorney General's Office  
MHA...An Association of Montana Health Care Providers  
Advanced Pain Centers, Missoula Anesthesiology, PC  
American Cancer Society  
Montana Pain Initiative  
Alliance of State Pain Initiatives  
Patients and Families United  
St. Patrick Hospital and Health Sciences Center  
Montana State University School of Nursing  
American Cancer Society Cancer Action Network

For Further Information please contact Kaye Norris, PhD by phone 406.728.1004, ext. 208, by email at [kayenorris@hughes.net](mailto:kayenorris@hughes.net).

## OVERVIEW

This interdisciplinary regional conference brings together leaders involved in efforts to address diverse challenges that impede effective pain control. Participants can share resources and expertise, network with one another and become energized to assist patients in pain by evaluating and treating it in the best possible way. The 2008 event focuses on the epidemiology and neuroscience of pain, state of the art best practices in pain management, challenges and solutions in accessing effective pain management, and risk management and legal issues regarding the prescribing of opioids.

## EDUCATIONAL OBJECTIVES

At the conclusion of this conference, attendees should be able to:

- Describe how pain affects various populations – prevalence, numbers, etc.
- Discuss the science/biology of what causes pain, which helps determine how to treat it.
- Recognize that pain is a complex medical issue which may require a variety of treatments, such as, pharmacology, physical therapy, acupuncture, massage, chiropractic, naturopathic, psychotherapy, surgery, injection, pumps, etc.
- Explain the challenges of obtaining effective pain treatments and how to address them.
- Identify the risks involved in prescribing opioids and know how to prescribe responsibly and reduce risk while effectively managing pain.

## WHO SHOULD ATTEND

Physicians, nurses, pharmacists, physician assistants, social workers, physical and occupational therapists, health care administrators, psychologists, educators, advocates, policy makers, regulators, law enforcement and all those interested in taking a balanced approach to effective pain management and public safety are invited to attend.

## INCLUDED WITH YOUR REGISTRATION

All sessions, meeting materials, Friday lunch, Friday evening reception and dinner, Saturday breakfast, Saturday lunch, and refreshments during breaks.

## LODGING

A block of rooms has been reserved at the Holiday Inn Downtown at the Park (800.499.0408 or 406.721.8550). The special conference rate is \$102/night plus tax. Please call the hotel directly for your reservation, the block is under the Montana Pain Initiative. You must make your reservation on or before August 11, 2008.

## CONFERENCE ATTIRE

We recommend business casual attire. To ensure your comfort in the conference rooms, please bring a sweater or jacket to accommodate temperature variations.

## MISSOULA—VISIT THE GARDEN CITY

For more information about the beautiful eclectic city of Missoula, please go to [www.missoulachamber.com](http://www.missoulachamber.com).

## ABOUT THE MONTANA PAIN INITIATIVE

The Montana Pain Initiative is a grassroots, interdisciplinary organization dedicated to improving the quality of life of Montanans with pain by removing barriers to effective pain assessment and management through research, education, and advocacy.

## SPONSORSHIP

If your organization is interested in sponsoring this or other Montana Pain Initiative events, please contact Kaye Norris, PhD, 406.728.1004, ext. 208, [kayenorris@hughes.net](mailto:kayenorris@hughes.net).

## KEYNOTE SPEAKER BIOS

### **SCOTT FISHMAN, MD**

Dr. Scott M. Fishman is Chief of the Division of Pain Medicine and Professor of Anesthesiology and Pain Medicine at the University of California, Davis. Dr. Fishman lectures on all aspects of pain and its treatment throughout the US. He has authored “The War on Pain” through Harper Collins Publishers and “Listening to Pain” through Waterford Life Sciences. He has also co-authored “The Massachusetts General Hospital Handbook of Pain Management” (Lippincott) and Essentials of Pain Medicine and Regional Anesthesia (Elsevir.) He has recently authored “Responsible Opioid Prescribing” for the Federation of State Medical Boards which will be available to all US prescribers through state medical boards.

Dr. Fishman’s clinical interests include cancer related pain management, peripheral and central neuropathic pain, chronic opioid usage, and spinal injection therapies. His major research interests include models for functional assessment and pharmacovigilance in chronic opioid therapy, legal issues and regulatory policy on pain care, novel analgesic therapies, models of visceral pain, models of hyperalgesia and central sensitization, informatics strategies to serve clinical practice, quantitative sensory testing in acute and chronic pain states, neuronal plasticity and brain imaging in pain.

### **NATHAN J RUDIN, MD, MA**

Dr. Rudin joined the University of Wisconsin Rehabilitation Medicine faculty in 2001 after six years on the Johns Hopkins faculty, and is Medical Director of the UW Pain Treatment and Research Center. He is an active teacher, author and researcher, and has served on national and statewide task forces developing guidelines for chronic pain management. Dr. Rudin was the inaugural recipient of the Rehabilitation Institute of Chicago’s first endowed residency award, the Joanne S. Crown Residency, which recognizes “understanding, compassion and appreciation of quality of life issues for patients.” The UW Rehabilitation Medicine residents have twice awarded him their annual Clinical Teaching Award for excellence in instruction and mentorship. Dr. Rudin serves on the Board of Directors of the Midwest Pain Society. This year UW Pain Care Services was recognized by the American Pain Society as a Clinical Center of Excellence in multidisciplinary pain care.

### **JUNE DAHL, PhD**

Dr. Dahl is Professor of Pharmacology at the University of Wisconsin School of Medicine and Public Health. She received a PhD in Physical Chemistry and spent many years in basic research before turning her attention about twenty years ago to efforts to bring improvements in pain management. Her focus on pain began when she was serving as Chair of Wisconsin’s Controlled Substances Board and co-founded the Wisconsin Cancer Pain Initiative with David Joranson. She currently serves as advisor to the Alliance of State Pain Initiatives and remains involved in work directed at the knowledge, regulatory, and system barriers responsible for the undertreatment of pain.

## CONFERENCE AGENDA

### Friday, September 5, 2008

|                |   |
|----------------|---|
| 8:30-9:30 AM   | Registration  |
| 9:30-9:45 AM   | Opening Ceremony, Welcome and Introduction<br>Emcee: Randle Sechrest, MD, Medical Director, Montana Spine and Pain Center, Missoula   |
| 9:45-10:30 AM  | "Pain: Epidemiology and Physiology"<br>June Dahl, PhD, Professor of Pharmacology, University of Wisconsin, Madison  |
| 10:30-10:45 AM | Questions and Answers   |
| 10:45-11:00 AM | Networking Break  |
| 11:00-11:45 AM | "What is Ideal Pain Management, and How Do We Get There?"<br>Nathan J. Rudin, MD, MA, Medical Director of the University of Wisconsin Pain Treatment and Research Center, Madison |
| 11:45-12:00 PM | Questions and Answers   |
| 12:00-1:15 PM  | Lunch, Networking, and Nourishment<br>"Update From the Attorney General's Office"<br>Mike McGrath, Montana Attorney General, Helena   |

### 1:15-5:00 COMPONENTS OF BEST PAIN MANAGEMENT PRACTICE

|              |   |
|--------------|---|
| 1:15-1:45 PM | "Analgesic Pharmacology"<br>Lee Ann Bradley, PharmD, Clinical Professor, University of Montana School of Pharmacy, Missoula   |
| 1:45-2:15 PM | "Interventional Pain Management"<br>David Junker, MD, Pain Fellowship Trained Anesthesiologist, Advanced Pain Centers of Montana, P.C., Missoula                                  |
| 2:15-2:45 PM | "Psychological Contributions to Comprehensive Pain Management"<br>Patrick Davis, PhD, Pain Psychologist, Montana Spine and Pain Center, Missoula                                  |
| 2:45-3:00 PM | Networking Break  |
| 3:00-3:30 PM | "Chronic Pain as a Chronic Disease"<br>Janice Gomersall, MD, Medical Advisor, Montana Medicaid Nurse First Program, McKesson Health Solutions, Missoula                           |
| 3:30-4:00 PM | "The Three Essential Components of Physical Therapy for Chronic Pain"<br>Nelson McGeary, PT, DPT, Physical Therapist, Community Medical Center, Missoula                          |
| 4:00-4:30 PM | The Anatomical & Physiological Basis for the Use of Manual Medicine and Acupuncture in the Treatment of Pain<br>Patrick Galvas, DO, PhD, Integrative Medicine Clinic, Great Falls |
| 4:30-5:00 PM | Questions and Answers for All Speakers  |
| 5:00-6:00 PM | Break Until No-Host Reception   |

### Friday Evening, September 5, 2008

|                        |  |
|------------------------|--|
| 6:00-6:30 PM           | No-host Reception  |
| Panel:<br>6:30-8:30 PM | Access to Effective Pain Management<br>Moderator: David Woodmansee, Senior Field Representative, American Cancer Society Cancer Action Network, Washington, DC |

## CONFERENCE AGENDA (CONTINUED)

|              |   |
|--------------|---|
| 6:30-6:50 PM | Lois Fitzpatrick, MS, Pain Patient, Helena  |
| 6:50-7:10 PM | Kathryn Borgenicht, MD, Medical Director, Bozeman-Deaconess Hospice and Palliative Care |
| 7:10-7:30 PM | Shelley Shellenberger, RN, Medical Surgical Director, Northern Montana Hospital, Havre  |
| 7:30-7:50 PM | Paul Pedersen, Blue Cross Blue Shield, Provider Network Administrator                   |
| 7:50-8:10 PM | Peter Strauss, CWCP, Vice President of Operations Support, Montana State Fund, Helena   |
| 8:10-8:30 PM | Panel Questions and Answers   |
| 8:30 PM      | Adjourn   |

### Saturday, September 6, 2008

|               |  |
|---------------|--|
| 8:00-8:15 AM  | Recap of First Day & Business Items<br>Emcee: Randle Sechrest, MD, Medical Director, Montana Spine and Pain Center, Missoula   |
| 8:15-9:15 AM  | “Legal Issues in Pain Management”<br>Scott Fishman, MD, Chief of Pain Medicine, University of California, Davis<br>Federation of State Medical Boards commissioned author of “Responsible Opioid Prescribing: A Physician’s Guide” |
| 9:15-9:45 AM  | Questions and Answers  |
| 9:45-10:00 AM | Networking Break   |

**Panel:** Challenges in Prescribing Opioids and Possible Solutions  
**10:00-12:30 PM** Moderator: Milton Datsopoulos, Attorney, Datsopoulos, MacDonald & Lind, Missoula

|                |  |
|----------------|--|
| 10:00-10:20 AM | Mark Long, Narcotics Bureau Chief, Montana Department of Justice, Division of Criminal Investigation, Helena   |
| 10:20-10:40 AM | Paul Jaster, Diversion Investigator, Montana Drug Enforcement Administration, Billings   |
| 10:40-11:00 AM | Adam Wolf, Attorney, American Civil Liberties Union, Santa Cruz, CA  |
| 11:00-11:20 AM | Starla Blank, PharmD, Prescription Monitoring Program, St. Peter’s Hospital, Helena  |
| 11:20-11:40 AM | Jaye Swoboda, MD, Madison Valley Clinic, Ennis   |
| 11:40-12:00 AM | Scott Fishman, MD, Chief of Pain Medicine, University of California, Davis, CA   |
| 12:00-12:30 PM | Panel Questions and Answers  |
| 12:30-1:30 PM  | Lunch, Networking and Nourishment<br>“Update on the Montana Pain Initiative”<br>Kaye Norris, PhD, Program Director, Montana Pain Initiative, American Cancer Society, Missoula |
| 1:30-2:30 PM   | Breakout Groups to Brainstorm Potential Workgroups for the Montana Pain Initiative   |
| 2:30-3:15 PM   | Report Back to Entire Group, Strategically Plan Next Steps<br>Kristin Nei, Government Relations Director Montana, American Cancer Society, Great West Division, Inc., Missoula |
| 3:15-3:30 PM   | Wrap Up<br>Kathryn Borgenicht, MD, Medical Director, Bozeman-Deaconess Hospice and Palliative Care, Bozeman  |
| 3:30 PM        | Adjourn  |



## REGISTRATION FORM

### Pain Management Policy and Practice: A Balanced Approach

#### Step 1: Participant Information

Name \_\_\_\_\_  
First MI Last

Professional Degree (for badge) \_\_\_\_\_

Company Name \_\_\_\_\_

Work Address \_\_\_\_\_

City, ST, Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

☐ I request vegetarian meal options

#### Step 2: Confirmation

☐ Work Address (as provided in Step 1) or ☐ Home Address

Home Address \_\_\_\_\_

City, ST, Zip \_\_\_\_\_

#### Step 3: Conference Fees

☐ \$ 85 Full Conference—Early Bird Rate (Postmarked on or before August 15)

☐ \$125 Full Conference—Postmarked after August 15

☐ \$175 Full Conference—day of conference

☐ \$ 35 Student Rate (proof of status required)

☐ \$ 25 Additional for CME Credit

☐ \$ 10 Additional Credits

#### Step 4: Total Fee Remitted:

☐ Check enclosed (payable to American Cancer Society, with Montana Pain Initiative in memo)

☐ Credit Card: \_\_\_\_\_ MasterCard \_\_\_\_\_ Visa

Cardholder's Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

#### Step 5: How did you hear about this conference?

☐ Brochure

☐ Another Conference

☐ Internet

☐ Friend/Colleague

☐ Email

☐ Listserve

☐ Postcard

☐ Other \_\_\_\_\_

#### Step 6: Please return payment with this form to:

Kaye Norris, PhD at Montana Pain Initiative, American Cancer Society,  
3550 Mullan Road, Ste. 105, Missoula, MT 59808 or Fax 406.327.0146

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